

Pool Rules & Itinerary: ALL NON SWIMMERS MUST WEAR A FLOATATION DEVICE IN THE POOL AREA AT ALL TIMES!

To get started:

Pool Waiver: All swimmers need a signed pool waiver-put everyone, including all adults, in your family on one sheet-forms up front. Any friends and relations you bring need one too.

Attire: All children need a rash guard to be worn **at all times** at poolside. Girls, age 3 - 6 need a rash guard and swim bottom rather than a one piece.

Flotations suits: must be put on outside the gate and kept on **at all times** in pool area.

Swim diapers must be worn by non toilet trained children.

Hats for everyone.

Sunscreen: Apply at least 30 minutes before entering pool.

Bring snacks, water bottles & towels.

Swimmers pass a test of swimming the length of the pool easily.

Non swimmers wear a secure flotation device/vest **at all times**.

We walk only on the grass, not on the concrete pool deck.

Jumpers and divers use the deep end only, toes over the edge.

We take one pool toy in with us at a time and replace it when we want a new one. Kick boards are for hands only.

We retrieve the dive toy we throw in.

We are gentle in our water play.

We keep our hands to ourselves.

There is splash time (splashing not at others) once an hour followed by adults only swim.

All campers get out of the pool the first time asked.

We swim any day we have 2 adults here to watch us.

Sunscreen is applied 30 minutes BEFORE entering pool (so that it will absorb and work properly and not wash off causing pool slime)

Towels laid out on grass only.

Non swimmers may lay on deck @ shallow end only.

Swimmers may lay on deck at deep end.

Adults on pool duty always position selves, both in and out of the pool, where you can see the entire pool and watch the children at all times.

Itinerary

12:00 Nappers sunscreensed for pool before naps.

1:30 Bathroom visits, all sunscreensed, lunches/water bottles, snacks & towels lined up on sidewalk, including those of pool duty adults.

2:00 Nappers up and changed & bathroom visits. PUT ON AND SECURE FLOATATION DEVICES OUTSIDE THE GATE,

Visitors do bathroom visits before entering pool area. There is a porta-potty for urine only in the pagoda (entry to the pool).

2:30 enter pool area in vests with gear, choose chair, lunches/snacks, water under chairs, towels laid out on grass, sit in chairs, everyone sits and grounds self. Shoes collected.

Adults jump/dive in & swim to shallow end, one at a time to get wet, if desired.

Swim tests

swimmers in first and go to deep end with ring/ kick board

seniors next

seniors in training next

juniors go in last or may then play at the water table

3:00 adults swim with child, T watches the pool (pool duty adults continue to place your self where you can see the entire pool)

3:15 splash time

3:20 adult lap swim, all children out for warm up & snack - **NON SWIMMERS MUST KEEP VESTS ON WHILE IN POOL AREA AT ALL TIMES**-if your child is cold and you want to remove their vest-leave the pool area-this is not an option for those on pool duty.

3:30 back into pool

4:10 splash time

4:15 T & special day person get popsicles, other adult watches from chair, popsicles eaten in chairs only

4:20 adult swim

4:30 Swim with your child

5:00 All out of pool and leave pool area. Towels hung on fence.

Arrive at 5:00 pm to help your children change or 5:15 to take them home wet.

Suits and vests hung on clothes line.